



Dr Nathan Trist

Advanced Trainee, Australian College of Emergency Medicine
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Medical Registration No: MED0001854485

Education

University of Sydney - Master of Philosophy (Medicine), 2014

University of Sydney - Bachelor of Medicine and Bachelor of Surgery, 2013

University of Sydney - B.Applied Science (Physiotherapy), 2005

Higher School Certificate - Hurlstone Agricultural High School, Glenfield

Continuing Medical Education

Primary Exam - Australian College of Emergency Medicine, 2016

ALS2 course - Royal Darwin Hospital, 2016

BASIC course - Austin Health, Heidelberg, 2015

EMST course - Royal Prince Alfred Hospital, Sydney 2015

Anatomy Whole Body Dissection Course - University of Sydney, 2013

Orthopaedic Graduate Workshop, Australian Orthopaedic Association, Dandenong Hospital, 2013

Awards and Scholarships

Nigel C Barker Medal Finalist - University of Sydney Alumni Awards 2015. Awarded to a person who has achieved a high standard of academic proficiency, contributed to the diverse life of the University through sporting achievement, and contributed to the broader community.

NSW Waratah Player #No 1585. State Caps 3

Senate Sports Scholarship, University of Sydney - 2009-2011, 2013

NSW/QLD Combined Country vs British Lions 2013

Sydney University Blue for Rugby - 2009

100 First Grade caps #No 32, Highest Points Scorer - Sydney University Rugby Club

Australian Sevens Rugby Player 2007,2008

Latham Award - Hurlstone Agricultural High School. Awarded for outstanding achievement in academia, sport and community service

Positions of Responsibility and Teaching

Honorary Clinical Tutor, University of Wollongong, 2017-present

Registrar Representative, Emergency Department, The Wollongong Hospital, 2017-present

onthewards.org - Podcast collaborations

1. <http://www.onthewards.org/blog/jmo-survival-tips-and-tricks/>
2. <http://www.onthewards.org/pods/108-indigenous-health-top-end/>
3. <http://www.onthewards.org/pods/95-part-2-undifferentiated-shock/>

Resident Medical Officer Association committee member, Sports Coordinator, Royal Prince Alfred Hospital 2015.

University of Sydney Anatomy Department Tutor, 2013, 2015

Indigenous Health Ambassador, Do Something Real Campaign, 2011.

Publications

Trist ND, Tonkin MA, van der Spuy DJ, Yoon A, Singh HP, Lawson RD. Stability of the basal joint of the new thumb after pollicization for thumb hypoplasia. J Hand Surg Am. July 2015, Vol 40:1318-1326

Tonkin MA, Trist ND, van der Spuy DJ, Yoon A, Singh HP, Lawson RD. Growth of the New Thumb Metacarpal After Pollicization for Thumb Hypoplasia. J Hand Surg Am. 2018 Jan;43(1):83.e1-83.e6

Sman A, Hiller C, Rae K, Linklater J, Morellato J, Trist N, Nicholson L, Black D, Refshaug K. Predictive factors for ankle syndesmosis injury in football players: A prospective study. Journal of Science and Medicine in Sport. Nov 2014, Vol 17(6):586-590

Presentations

Wollongong Hospital Grand Rounds: Massive Propranolol Overdose in a 13 year old girl, February 2017

The Relationship Between Trapezium Union, CMC Joint Instability and Function Following Pollicisation. NSW Hand Surgery Association Conference, Kiama, 2014.

Employment

THE WOLLONGONG HOSPITAL - 2018

Fellow - Simulation Medicine

THE WOLLONGONG HOSPITAL - 2016 - 2018

Registrar - Emergency Department

SYDNEY GRAMMAR SCHOOL - 2017

Medical Officer - Rugby

WORLD SURF LEAGUE - 2017-18

Medical Officer - World Surf Junior Championships, Bombo Beach

NORTHERN TERRITORY RUGBY UNION - 2016-18

Medical Officer - Sevens Program

THE WOLLONGONG HOSPITAL - 2016-2017

Registrar - Intensive Care Unit

ROYAL DARWIN HOSPITAL - 2016

Resident Medical Officer, Emergency Department

ROYAL PRINCE ALFRED HOSPITAL, CAMPERDOWN – 2014-2015

Resident Medical Officer: Intensive Care, Cardiology, Emergency, Plastic Surgery

Intern: Emergency, Orthopaedic Surgery, Colorectal Surgery, Geriatric Medicine.

NSW WARATAHS – 2012

Contracted player, 2012. State caps: 3, Super Rugby Caps: 1.

THERAPY SERVICES PHYSIOTHERAPY, NORTH SHORE PRIVATE HOSPITAL – 2009-2013

Orthopaedic and general hospital Physiotherapist.

AUSTRALIAN RUGBY SEVENS - 2007-2008

Player - Tournaments: 6

Referees

Dr Simon Binks, FACEM

Director of Emergency Medicine Training

The Wollongong Hospital

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Mr David Haigh

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Sydney University Football Club

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